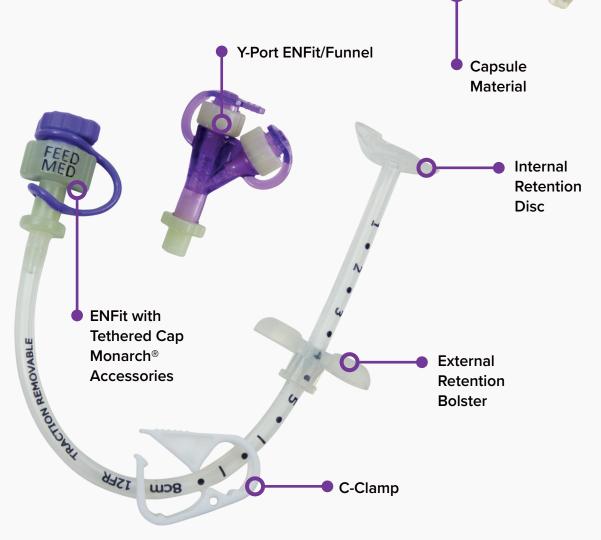
Capsule Monarch Non-Balloon G-Tube

What is a Capsule Monarch[®]?

Capsule Monarch is a gastrostomy tube (G-Tube) that unlike other G-Tubes is not held in place by a balloon, but uses an internal retention disc that is deployed once the Capsule Monarch has been inserted into the stomach





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Care and Hygiene

- General Care and Hygiene
- Hand Washing

Always wash your hands before and after

- Care of the tube
- Administration of feeds or medication

Daily

 Clean and dry the skin around the stoma site at least once daily

• Once every day rotate the tube in a full circle *Patients and Carers:* The healthcare professional who advises you on feeding or medication administration will advise you on this.

Weekly

Once every week the external retention bar (shaped like an upside down "T") should be released up the tube and away from the skin by 1-2 cm (approx. 1 inch) and the Capsule Monarch[®] pushed into the stomach. This prevents the internal retention disk from sticking to the inside wall of the stomach.

Capsule Monarch should then be rotated 360° and then gently pulled back until resistance is felt. The external retention bar should then be moved back to be in contact with (but not tight against) the skin.

Patients and Carers: The healthcare professional who advises you on care of your G-Tube, feeding or medication administration will advise you on this.

Feeding & Administration of Medicines

Monarch replacement single ENFit

Monarch replacement single ENFit

Monarch replacement Y-Port ENFit/Funnel

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To prevent blockages, Capsule Monarch should be flushed (as advised by your healthcare professional) with sterile or cooled boiled water before and after feeding or administering medicines.

You should also flush between giving medications to reduce the risk of those medications reacting with each other and potentially causing a blockage of the tube.

FWM3125

FWM3126

FWM3127

TRC

If the feed is continuous then the Capsule Monarch should be flushed three times a day.

Problem Solving

Blockage

If your Capsule Monarch becomes blocked you may attempt to unblock it by trying to flush with 10ml of warm water, carbonated water or soda water. Push plunger of syringe backward and forwards. If you can see or feel the blockage then squeeze or massage the tube at that point. Leave the tube for 15min then flush with water again. If this fails to unblock the tube you should contact the healthcare professional who usually advises you on your G-tube.

Monarch Falls Out

Please contact the healthcare professional who usually advises you on your G-Tube. It is important that the Capsule Monarch is replaced as soon as possible to prevent the stoma closing.

IMPORTANT

Do not remove the Capsule Monarch. If it has fallen out (and you do not have an alternative and cannot contact the healthcare professional who usually advises you on your G-tube) seek medical assistance at your nearest hospital as soon as possible!

Problems with Stoma

Contact the healthcare professional who usually advises you on your G-tube if your stoma;

- Emits an odour
- Persistently bleeds
- Is constantly red, or the surrounding skin is red and swollen.
- Has pus around it &/or oozes profusely.

Replacement Capsule Monarch and Capsule Monarch Parts

New Capsule Monarch parts can be ordered through a variety of sources;

- Direct from Enteral UK (01757) 282945
- NHS Supply Chain
 - Enteral Feeding Companies

Patients and Carers:

if you think that your Capsule Monarch® requires changing or you need replacement parts please contact the healthcare professional who usually advises you regarding the care of your G-tube, feeding or medication administration.



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9-C1410-I

9-C1810-I

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Including Guidewire

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